

SACRED SPACE

Doula Training

April 2010

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Reading List

REQUIRED READING LIST

- Sacred Space manual (provided at training)
- Birthing From Within by Pam England
- Mama Bamba by Robyn Sheldon
- The birth partner by Penny Simkin
- The thinking woman's guide to a better birth by Henci Goer
- Active birth by Janet Balaskas
- VBAC companion by Diane Korte
- The complete book of pregnancy and childbirth by Sheila Kitzinger
- Ina-May's guide to childbirth by Ina-May Gaskin
- Birth Reborn by Michel Odent
- The womanly art of breastfeeding by The La Leche League
- Homebirth in the hospital by Stacey Marie Kerr
- Pregnancy after loss by Carol Cirulli Lanham
- The four agreements by Miguel Ruiz

RECOMMENDED READING LIST

- The doula advantage by Rachel Gurevich
- Mothering the mother by Klaus, Kennel and Klaus
- The doula book by Klaus, Kennel and Klaus
- The nurturing touch at birth by Paulina Perez
- Special women by Paulina Perez
- The labor progress handbook by Penny Simkin
- Childbirth without fear by Grantley Dick-Read
- Birth without Violence by Fredrick Leboyer
- The Red Tent by Anita Diamant
- Mothering the new mother by Sally Placksin
- A-z for a healthy pregnancy and natural childbirth by Jackie Bloemraad-De Boer
- Immaculate deception 2 by Suzanne Arms
- Heart and hands by Elizabeth Davis
- Pregnancy the natural way by Zita West
- A holistic guide to Embracing pregnancy, childbirth and motherhood by Karen Salt
- Gentle birth choices by Barbara Harper
- Fabjob.com Guide to becoming a doula (ebook) by Rachel Gurevich
- Books by sister Lilian